ATHANASIA BENEKOU Medical Writer

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website: http://abenekou.net linkedin: Athanasia Benekou tel nr: (+) 30 6 974 800 731

Professional experience

- Work experience as medical writer since 2002. AB develops:
 - Manuscripts of research papers for submission to peer-reviewed medical journals
 - Clinical study reports
 - Clinical study protocols
 - Disease-specific monographs that cover clinical overview, epidemiology, and treatment
 - PowerPoint slide presentation for academic conferences
 - Abstract and poster preparation for submission to congresses
 - Literature reviews
 - Literature searches

All therapeutic areas are covered. AB has experience on diverse therapeutic areas that include (alphabetically):

- Bariatric surgery
- Cardiovascular
- Dermatology
- Hematology
- Gastroenterology
- Genitourinary medicine
- Infectious diseases
- Neurology
- Oncology
- Pain
- Psychiatry
- Psychology
- Training experience since 2002: AB has trained more than 2500 medical doctors on the following topics:
 - Critical appraisal of a scientific paper
 - Design and publication of clinical trials
 - Drug development
 - Evidence based medicine
 - How to write a paper
 - Impact factors
 - Peer review processes
 - Protocol design
 - Publication ethics
- Lectures on medical writing to scientific symposia organized by the scientific committees of major
 Greek medical congresses
- Lectures and workshops to post-graduate educational programs of medical schools in Greek Universities

Job positions:

February 2008- Medical Writer

Freelancer

January 2006-February 2008 Medical Writer

Janssen-Cilag Pharmaceutical S.A.C.I.

April 2004—December 2005 Medical Research & Information Manager

Medical Science Liaison

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Janssen-Cilag Pharmaceutical S.A.C.I.

May 2003—April 2004 Medical Science Liaison & Clinical Research Associate

Janssen-Cilag Pharmaceutical S.A.C.I.

April 2001–May 2003 Clinical Research Associate

Janssen-Cilag Pharmaceutical S.A.C.I.

November 2000-April 2001 Clinical Research Associate

QUINTILES Athens

July-November 2000 Study Site Coordinator (SSC)

QUINTILES Athens

1993–1994 Six month work in «Elais SA Unilever» chemical laboratory during which

became familiar with the following analytical techniques: Gas Chromatography, Mass Spectrometry, Spectrophotometry of Atomic

Absorption, Spectrophotometry of visible, UV, IR, NMR.

Training

European Medical Writers Association Conference 2006 Lyon, France

- Peer Review Congress, Chicago 2005

 Publication Workshop course held in the Vienna School of Clinical Research from 09 to 13 May 2005

Process Excellence Training on 'Six Sigma'. September 2003 – May 2004

Numerous ICH – Good Clinical Practice Trainings since 2000

All required by J&J trainings (SOP, HCC, FCPA etc)

Basic Education

1995 – 2000: Basic Research at the Medical School, University of Athens.

Research objective: the Molecular effects of irradiation on the developing

rat brain

1988 - 1995: Bachelor's Degree in Chemistry,

Department of Chemistry, University of Athens.

Honors

2007 Member of the Scientific Committee of Athens Medical Society

2006 Member of the European Medical Writers Association, EMWA

2004 Certified as a Johnson & Johnson Six Sigma Green Belt

1998 Marie-Curie Research Training Grant.

Hosted for a period of six months (01.04-30.09.98) at the «Studiecentrum voor Kernenergie SCK-CEN» of Mol, Belgium under a project entitled «Molecular and cellular effects of in utero irradiation of the foetal rat brain». This project was within the frame of the EC project: «The early effects of low doses of radiation on the development of the prenatal brain».

1995 **Three-year scholarship for a Ph.D.** on «Biopolymer research» under the supervision of I.R.Morris at the Department of food research and technology, Granfield University Silsoe College, Bedford, U.K, which AB turned down in order to work on CNS in a Molecular Biology laboratory.

Publications

- «P53 expression and regulation by NMDA receptors in the developing rat brain»
- J. of Neuroscience Research 56:427-440 (1999).V. Poulaki, A. Benekou, E. Bozas, S. Bolaris, and F. Stylianopoulou
- «Levels of growth factors after low doses of in utero irradiation in the developing rat brain» Int. J.
 Radiat. Biol A. Benekou, S. Bolaris, E. Kazanis, E. Bozas, H. Philippidis, and F. Stylianopoulou.
- «Apoptosis and p53 gene expression in the developing rat brain after low doses of in utero irradiation» Int. J Radiat. Biol.S. Bolaris, E. Bozas, A. Benekou, H. Philippidis, and F. Stylianopoulou.

Other skills

Languages: English

Computing: Competent use of PC systems, experience on Microsoft office applications and

corporate networking environment

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